



2019  
TCW CHEER HANDBOOK

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# TCW CHEER REGISTRATION OVERVIEW

## Cheer Registration Opens February 3, 2020

Welcome to the Tomball Christian Warrior Cheer Registration – 2020 Season

**Pre-registration** (New TCW Cheerleaders only) - prerequisite prior to online full registration. Personal Reference required.

**Online Full - Registration** (New & Returning Cheerleaders): Please complete cheerleader and parent contact information, complete required forms, and submit payment using our secure site with Visa, MasterCard, or Discover.

**Pre-registration & Online Full Registration: Due by March 1. / Registration forms** and \$175 varsity / \$100 Junior High registration fee required to be turned in for a complete registration - **DUE (no later than) March 31st**. Your daughter will not be able to participate in practice until registration is complete.

- Warrior Indemnification / Medical Authorization
- TCW Athlete Commitment
- Disciplinary Plan
- Cheer Discipline
- Parent's Commitment
- Medical History (See Resources - Documents tab [www.tomballchristianwarriors.com](http://www.tomballchristianwarriors.com))
- TCW Physical Form (See Resources – Documents tab [www.tomballchristianwarriors.com](http://www.tomballchristianwarriors.com))

New Cheerleaders – Required; Returning Cheerleaders – required if answered yes to questions 1-6 on Medical History Form.

### Costs 2020

TCW Cheer	Registration	Camp	Uniform	TOTAL
New Varsity	175	375	550	1100
Returning Varsity	175	375	325*	875
New Jr. High	100	200	300	600

Returning Jr. High	100	200	205*	455
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\*If uniform / equipment needs replaced, additional costs will be applied to balance due, as applicable.

**Additional costs:**

- Cheer shoes (as directed by Head Coach)
- Compression shorts (as directed by Head Coach)
- White no-show socks and white sports bra
- Cost to tailor uniform upon receipt, if needed
- Spring Creek Athletics (SCA) Registration Fee: \$50 (one-time fee)
- Monthly payment (\$75P) for cheer class taken each week at SCA for the following months via autopay:

Varsity: April, May, August, September, October, November

Jr. High: April, May, August, September, October

**Payment Due Dates:**

Registration Fee: Due by March 31<sup>st</sup>

Balance of Fees: Due by May (Blue/Orange game unless payment plan has been established)

## **1. Mission and Statement of Faith**

### **1.1. Mission Statement**

The Tomball Christian Warriors is a Christian-based, homeschool support organization that focuses on developing Godly men and women through competitive sports, striving for excellence in competition, character and ministry as to be an example of Christ throughout our community and around the world.

### **1.2. Statement of Faith**

1. The Bible to be the inspired, infallible, divinely preserved Word of God, the supreme and final authority for all faith and life.
2. That there is one living and true God; an infinite, intelligent Spirit, perfect in all His attributes, one in essence but eternally subsistent in three Persons: Father, Son and Holy Spirit.
3. In the deity of our Lord Jesus Christ, His virgin birth, His sinless life, His miracles, His vicarious and atoning death through His shed blood on the cross, His bodily resurrection, His ascension, and His imminent bodily return in power and glory.
4. That man was created in the image of God, but fell into sin and is therefore lost, and only those who put their faith in Jesus Christ alone, not trusting in any personal works whatsoever, can be saved.
5. That salvation is the free gift of God brought to the sinner by grace and received by personal faith in the Lord Jesus Christ, whose substitutionary death on the cross paid the penalty for man's sin.
6. That the ministry of the Holy Spirit is to convict mankind, indwell, guide, instruct and empower the believer for godly living and service.

## **2. Positions**

### **2.1. Executive Board Members**

1. President
2. Vice President
3. Executive Director
4. Treasurer
5. Secretary
6. Athletic Director
7. Cheer Director
8. Volunteer Director

### **2.2. Additional Positions**

1. Fundraising Coordinator
2. Publicity Coordinator
3. Sponsorship Coordinator
4. Webmaster
5. Volunteer Director

6. Assistant Athletic Director
7. Assistant Cheer Director
8. Social Events Coordinator
9. Registration Coordinator

### **2.3. Terms of Office for Executive Board**

#### **2.3.1. Length of Term: 2 Years**

- During the September Board meeting members will declare their intentions regarding staying on the Board or resigning.
- Approval and appointment will be by Board majority vote.
- Beginning Term in Odd years: Secretary, Vice President, Cheer Director
- Beginning Term in Even Years: President, Athletic Director, Volunteer Director, Treasurer

### **2.4. TCW Board Engagement and Questions**

2.4.1. TCW Constitution and By-Laws exist and can be found on TeamSnap, under Media, Files.

2.4.2. TCW Members desiring to address the Executive Board should make their request, in written form, to the Executive Director along with the topic they wish to discuss, for inclusion on the agenda. The Executive Board reserves the right to go in to Executive Session.

2.4.3. A complete list of Roles and Responsibilities for TCW Board Members and additional positions can be provided upon request.

### **2.5. Volunteer Positions**

**Over 35 Volunteer Positions** need to be filled for each Varsity HOME game. Over 20 for each JV and Jr. High HOME game.

**EVERY FAMILY IS REQUIRED TO VOLUNTEER FOR MULTIPLE GAME DAYS**

**Weekly Water Duty** is required for each TCW **football** family. This is a tough job that requires more than one strong family member to do. You must be on time and fully prepared.

Each family is **REQUIRED** to volunteer. **However, we do** offer a “Buy Out” option so you can pay to have someone fulfill your Volunteer Duties.

Parents will sign up online for their volunteer positions. Once registration is complete, the Volunteer Director will produce a schedule and e-mail it to the team. Parent involvement in the football program is a must!

Volunteers are required to sign in at the gate on game day with the Team Coordinator. Volunteers who are unable to fulfill their obligation at any game must contact the Volunteer Director within 24 hours and are responsible for finding a replacement.

A complete TCW Volunteer Matrix is below:

<b>TITLE</b>	<b>ROLE</b>	<b>H O M E G A M E S O N L Y</b>	<b>A L L G A M E S</b>	<b>COMMENT S</b>
Team Mom	<ul style="list-style-type: none"> <li>➤ “Go to” person/people for game information.</li> <li>➤ Work with special events team during homecoming and senior recognition.</li> <li>➤ Oversees check-in list for all volunteers on game day.</li> <li>➤ Answers any questions concerning game day duties.</li> <li>➤ Has Team/Player Notebook with them at all games.</li> <li>➤ Has the referees sign their proof of work forms</li> <li>➤ Has game day gate/ticket box.</li> </ul>		X	1-2 people Full Season
Stats Recorder	<ul style="list-style-type: none"> <li>➤ Responsible for recording all stats during home and away games and entering them weekly on to Max Preps website.</li> </ul>		X	2 people per week
Field Operations (Chain Crew & Field Liners)	<ul style="list-style-type: none"> <li>➤ Responsibilities include assisting in the lining the field, working chains and yard markers.</li> <li>➤ Chain gang responsibilities apply to home games only.</li> </ul>	X		4-5 people per week

<b>TITLE</b>	<b>ROLE</b>	<b>H O M E G A M E S O N L Y</b>	<b>A L L G A M E S</b>	<b>COMMENT S</b>
Sideline Manager	<ul style="list-style-type: none"> <li>➤ The ‘go to person’ on the sidelines.</li> <li>➤ Ready to assist or aide coaches, medical team and water team.</li> <li>➤ Helps with crowd control. Keeping spectators out of the coaches and player area.</li> </ul>		X	1 person per week
TCW Merchandise Coordinator(s )	<ul style="list-style-type: none"> <li>➤ Set up and break down sales table.</li> <li>➤ Inventory merchandise.</li> <li>➤ Count moneybox and return to team treasurer, return merchandise to the trailer and send inventory to Board member.</li> </ul>	X		1 person Full Season
Merchandise Sales	<ul style="list-style-type: none"> <li>➤ Help with sales at home games.</li> </ul>	X		1-2 people per week
Hydration Team (Sidelines)	<ul style="list-style-type: none"> <li>➤ Arrive an hour before the game.</li> <li>➤ Responsibilities include filling water system and bottles before game.</li> <li>➤ Monitoring of all sideline hydration and fluids throughout the game.</li> <li>➤ At timeouts take water to referees at home games.</li> <li>➤ Set up visitor water coolers.</li> </ul>		X	4 people per week for varsity  4 people per week for Junior High
Nurse/Doctor	<ul style="list-style-type: none"> <li>➤ Administers medical support at all home and away games</li> </ul>		X	1 person per week
Student Trainer	<ul style="list-style-type: none"> <li>➤ To assist Nurse/Doctor</li> </ul>		X	1 person per week



<b>TITLE</b>	<b>ROLE</b>	<b>H O M E G A M E S O N L Y</b>	<b>A L L G A M E S</b>	<b>COMMENT S</b>
Clock & Scoreboard	<ul style="list-style-type: none"> <li>➤ Operates clock/ scoreboard for all home games.</li> <li>➤ Needs to know how to work a score board.</li> </ul>	X		2 people per week
Announcer & Media Coordinator	<ul style="list-style-type: none"> <li>➤ Organizes game announcements, prayer and National Anthem.</li> <li>➤ Ensures proper display of the American Flag at home games as well as coordinates music for the cheer squad.</li> </ul>	X		1 person
Water Duty Coordinator	<ul style="list-style-type: none"> <li>➤ Organizes and schedules all practice water duty with parents/volunteers</li> <li>➤ May assist with game water duty as needed</li> <li>➤ Reports to Volunteer Director</li> </ul>			1. Varsity 1. Junior High Full Season
Practice Water Duty	<ul style="list-style-type: none"> <li>➤ Arrive 45 minutes before practice to fill water system and water bottles.</li> <li>➤ Keep water bottles near the players and their break off groups.</li> <li>➤ Monitor fluids throughout the practice.</li> <li>➤ Empty water system at the end of practice and place in closet near concession stand.</li> <li>➤ Take water bottles home and clean each night.</li> <li>➤ Last day of practice pass off water bottles to the next family.</li> </ul>			EACH TCW football family is assigned one week of water duty.  *Families who are a “cheer only” family are not required to do water duty.

<b>TITLE</b>	<b>ROLE</b>	<b>H O M E G A M E S O N L Y</b>	<b>A L L G A M E S</b>	<b>COMMENT S</b>
After-game Meal Coordinator	➤ Coordinates pre-game & post-game meal plans and works with Team Parent		X	Full Season
Videographer	<ul style="list-style-type: none"> <li>➤ Responsible for videotaping all home and away games.</li> <li>➤ Need tower video and elevated view</li> <li>➤ Can provide training if needed.</li> </ul>		X	2 people Full Season
Photographer	<ul style="list-style-type: none"> <li>➤ Responsible for taking game day pictures</li> <li>➤ Upload photos to the website weekly</li> </ul>		X	2 people per week
Clean Up Crew	➤ Making sure after each game we leave the stands cleaner than we found them.		X	3-4 people per week
Kick Off Coordinator	<ul style="list-style-type: none"> <li>➤ Organize and plan for the kickoff party in August.</li> <li>➤ Food, drinks, etc.</li> <li>➤ Reports to Volunteer Director</li> </ul>			1 person needed
Kick off Helper	➤ Assist the K.O. coordinator			4-5 people needed
Homecoming Coordinator	<ul style="list-style-type: none"> <li>➤ Organize and plan for the Homecoming Dance</li> <li>➤ Food, drinks, decorations, DJ, etc.</li> <li>➤ Reports to Volunteer Director</li> </ul>			1 person
Homecoming Helper	➤ Assist the Homecoming Coordinator			10+ helpers needed

<b>TITLE</b>	<b>ROLE</b>	<b>H O M E G A M E S O N L Y</b>	<b>A L L G A M E S</b>	<b>COMMENT S</b>
Monday Night Meal Coordinator	➤ Organize and Plan for the Coaches and Players Monday Night Meal/Meeting			1 person Full Season
Monday Night Helper	➤ Assist the M.N.M Coordinator			Will require 6+ volunteers
Varsity Banquet Coordinator	➤ Plan and organize banquet ➤ Reports to Volunteer Director			1 person
Varsity Banquet Helper/Team	➤ Help with organizing, planning.			6-7 people
Fundraising Coordinator	➤ Plan and Organize 2 fundraiser a year ➤ Reports to Volunteer Director			1 person
Fundraiser Committee	➤ Assist Fundraising Coordinator			6-8 people
Cheer Concession Coordinator	➤ Plan and organize concessions at Varsity Home games ➤ Reports to Cheer Director	X		1-2 people per week

### **3. Communication**

#### **3.1. Teamsnap**

- 3.1.1. Each member (parents and players) is given a login to participate in the Teamsnap website. All calendar information is kept up-to-date and disseminated through Teamsnap.
- 3.1.2. Each member (parents and players) are required to update any changes to email addresses and phone numbers.
- 3.1.3. If an event is changed TCW will do its best to update the Teamsnap website in a timely fashion and have notifications sent to all participants.
- 3.1.4. When an event is changed, TCW will also send out text messages via the Teamsnap website. Each member is asked to complete their Teamsnap profile, including mobile number that can be used to receive text.

### **4. Eligibility Requirements**

#### **4.1. Academic Qualifications**

- 4.1.1. A player must be homeschooled. "Homeschooled" means that a player must be receiving his or her primary educational direction through the home.
- 4.1.2. A player must be living at home with a parent or guardian.
- 4.1.3. A player is ineligible if that player is enrolled in more than 9 hours of dual-credit and/or college courses.
- 4.1.4. A player is ineligible if that player has gone through a homeschool, public school, or private school high school graduation ceremony prior to that season's first game
- 4.1.5. A player must be passing all courses in order to participate in a contest or tournament. In performing the role of administrator for the homeschool, the parent is solely responsible for enforcing this rule.

#### **4.2. Athletic Grade Classifications and Designation**

- 4.2.1. TCW is designed for Middle School and High School homeschooled students. Middle School includes ages 12-14; High School includes ages 14/15-18.
- 4.2.2. An athletic grade designation must be declared during Registration and must conform to TCW maximum age qualifications. This designation cannot change.
- 4.2.3. After entering a Varsity or sub-Varsity (High School) team, a player shall become ineligible after 4 years of high school participation. Note: An exception is if the TCW Board approves the participation of 13 year old on a TCW Varsity high school team, in which case that player is granted 5 years of Varsity (high school) participation.
- 4.2.4. A high school player is ineligible to play on a middle school team.
- 4.2.5. A 12th grader is prohibited from playing on a sub-varsity team regardless of his or her age.

#### **4.3. Age Qualification**

- 4.3.1. High School

4.3.2. A player is not eligible for competition if the age of nineteen (19) is reached prior to September 1st of the current school year.

4.3.3. Middle School

4.3.4. A player must be 12 years old by September 1<sup>st</sup> of the current football season he is registering for.

4.3.5. A player is not eligible for competition in middle school if the age of fifteen (15) is reached prior to September 1st of the current school year

#### **4.4. Transfers**

4.4.1. If a player started the season on another homeschool, public, or private school team, no transfer shall be allowed during the season without the approval of the TCW Board.

4.4.2. A player cannot play on another homeschool, public, or private school team in the same sport at the same time as playing on a TCW sponsored team.

#### **4.5. Exceptions**

4.5.1. Exceptions to any eligibility requirement may be made only by express approval of the TCW Board. No exceptions will be permitted to the upper age limitations for middle school and high school.

#### 4.6. TCW Educational Descriptors

	Type	Description	Status
1	Private School (e.g. Concordia, Rosehill etc.)	Educational Program dictated by school, under the direction and oversight of TAPPS, SPC, etc.	Ineligible
2	Local Charter School	Educational Program dictated by school, under the direction and oversight of the local Charter School Board and oversight of the UIL	Ineligible
3	Community College (including Dual Credit Hours)	Educational Program dictated by the Community College under the direction and oversight by the state.	Eligible (maximum of 9 dual credit hours)
4	Distance Learning Program (e.g. Bob Jones, Abeka, Texas Tech HS, K12, Public Online Courses, etc.	Educational Program dictated by non-local sponsor and classes monitored by parent at home.	Eligible
5	Hired Instructor or Tutor (at home or at another location)	Educational Program dictated by Parent and classes sometimes monitored by parent at home.	Eligible
6	Enrichment Co-ops	Educational Program dictated by parent.	Eligible
7	Contracted Services/Course Level Co-ops (e.g. Worldview program)	Educational Program dictated by parent conducted by "hired" teachers under the direction of the parent.	Eligible
8	Parent Taught Classes	Educational Program dictated wholly by the parent using purchased or developed curriculums.	Eligible



## 5. Code of Conduct and **Enforcement of Team and League Expectations**

### 5.1. PLAYER COMMITMENT

#### 5.1.1. COMMITMENT TO GOD

#### 5.1.2. COMMITMENT TO TEAM

#### 5.1.3. Key Verses and Quotes

5.1.3.1. The human body has many parts, but the many parts make up one whole body. So it is with the body of Christ. Some of us are Jews, some are Gentiles, some are slaves, and some are free. But we have all been baptized into one body by one Spirit, and we all share the same Spirit. Yes, the body has many different parts, not just one part. If the foot says, "I am not a part of the body because I am not a hand," that does not make it any less a part of the body. And if the ear says, "I am not part of the body because I am not an eye," would that make it any less a part of the body? If the whole body were an eye, how would you hear? Or if your whole body were an ear, how would you smell anything? But our bodies have many parts, and God has put each part just where he wants it. How strange a body would be if it had only one part! Yes, there are many parts, but only one body. The eye can never say to the hand, "I don't need you." The head can't say to the feet, "I don't need you." In fact, some parts of the body that seems weakest and least important are actually the most necessary. And the parts we regard as less honorable are those we clothe with the greatest care. So we carefully protect those parts that should not be seen, while the more honorable parts do not require this special care. So God has put the body together such that extra honor and care are given to those parts that have less dignity. This makes for harmony among the members, so that all the members care for each other. If one part suffers, all the parts suffer with it, and if one part is honored, all the parts are glad. All of you together are Christ's body, and each of you is a part of it. 1 Corinthians 12:12-28

5.1.3.2. Do not waste time arguing over godless ideas and old wives' tales. Instead, train yourself to be godly. "Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come." 1 Timothy 4:7-8

5.1.3.3. Then he said to the crowd, "If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And what do you benefit if you gain the whole world but are yourself lost or destroyed? If anyone is ashamed of me and my message, the Son of Man will be ashamed of that person when he returns in his glory and in the glory of the Father and the holy angels. I tell you the truth, some standing here right now will not die before they see the Kingdom of God." Luke 9:23-27

5.1.3.4. The horse is prepared for the day of battle, but the victory belongs to the Lord. Proverbs 21:31



5.1.3.5. “On the fields of friendly strife are sown the seeds that on other days and other fields will bear the fruits of victory.” General Douglas MacArthur

#### 5.1.4. SYNERGY OF FOOTBAL

5.1.4.1. Playing football is a privilege, not a right.

5.1.4.2. The team is more important than me.

5.1.4.3. In the class room,  $1+1=2$

5.1.4.4. On a winning team,  $1+1=4$

5.1.4.5. On a losing team,  $1+1=1$

5.1.5. Team Discipline: Each player is required to adhere to the Team Discipline section of the TCW Code of Conduct.

## 5.2. **TCW Code of Conduct**

5.2.1. Smoking is prohibited at all facilities as indicated by each school district.

5.2.2. Foul language will not be tolerated under any circumstances.

5.2.3. **Submission to Proper Authority (1 Thess 5:12-13; Titus 3:1; 1 Peter 5:5).**

5.2.3.1. **Every organization has a structure allowing for its efficient operation. This structure includes establishing appropriate levels of authority within the organization. These are in place to ensure safety, facilitate the operation of the organization and provide a framework for conflict resolution.**

5.2.3.2. **Every TCW athlete, parent and coach agrees to abide by this standard of submission to proper authority.**

5.2.4. All concerns/complaints are to be handled following the process as outlined in the **TCW** Code of Conduct, Parents Commitment section.

5.2.4.1. No coach is to be approached prior to or during practice. The team meeting at the conclusion of practice is considered a part of the practice.

5.2.5. **Fighting, physical or verbal, is strictly forbidden and will not be tolerated. When parents are involved, the entire family is subject to immediate expulsion from TCW activities.**

5.2.6. Parents are expected to pick up participants at the end of each practice or game. Our volunteers are not responsible for providing transportation.

5.2.7. No parents or other individuals are allowed within the fences of practice or game fields. In the situation where no fences exist, everyone must allow a 50-foot 'clear' zone from the sideline.

5.2.8. Each TCW member parent and athlete is required to sign the TCW Code of Conduct.

5.2.9. **Please remember that at all TCW functions, we want to be a witness for our Lord Jesus Christ. Our actions will reflect not only on our team but also on the entire homeschooling community.**

5.2.9.1. **Booing, yelling at refs or coaches or any other inappropriate behavior or language will not be tolerated. We need to honor those in authority (1 Thess 5:12-13).**

**5.2.10. Parents are to refrain from coaching from the stands. Your athlete is attentive to your voice and it can be a distraction not only to them but to the team and coaches.**

## TOMBALL CHRISTIAN WARRIORS 2018 INDEMNIFICATION AND MEDICAL AUTHORIZATION

Player Name	
Parent Name	
Address	
Phone Numbers	Home: Mom Cell: Dad Cell:
Father's Employer	
Mother's Employer	
Emergency Contact	Name: Phone:
Medical Insurance Provider	
Medical Insurance Phone	
Policy Number	

In consideration of our child's participation in Tomball Christian Warrior athletic program or cheerleading program; we, the parents of the above named child due hereby release, absolve and hold harmless the directors, coaches, medical attendants and adult leaders of the Tomball Christian Warriors from any and all liability for all losses, damage or injuries occurring as result of our child's participation in the associations activities including travel to and from games and tournaments within the greater Houston area and to other cities as required. We further agree to make or cause to be made, by assignment of third party benefits or otherwise, full and complete payment for examination, treatment or hospital care required in the case of a medical emergency.

We understand that reasonable precautions will be taken to make the program safe and beneficial for all children, but that risk of injury cannot be eliminated entirely, and that this release is necessary for our children to participate in the Tomball Christian Warrior program. Furthermore, we hereby authorize in the event of injury to our child (children) any director coach medical attendant or adult leader of the Tomball Christian Warriors Program to consent to emergency medical treatment for our child (children) when we cannot be contacted to give consent. Such medical treatment may include, without limitation, x-ray examination anesthetic medical, surgical examination or treatment and general hospital care. No prior determination of life threatening emergency or danger of serious or permanent injury resulting from delay of treatment need be made under this authorization. Except as noted below, this authorization is given in advance of any specific diagnosis treatment or hospital care being required, and is given to provide authority and power on the part of a director or coach of the Tomball Christian Warrior Program. To give specific consent to any and all such examination, treatment or hospital care. Except as indicated below, we specifically give our consent for first aid treatment with bandage and antibiotic ointment (Neosporin, neomycin, mycitracin, bacitracin and/or polymycin), hydrogen peroxide, Vaseline.

We hereby verify that we understand and accept the terms of this indemnification and medical authorization and authorize this document to be kept on file for ongoing participation in the Tomball Christian Warrior Program.

Parent or Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## TCW CHEER ATHLETE COMMITMENT

By joining TCW I am agreeing to uphold the following team rules:

- \_\_\_\_ 1. I am home educated and understand I will not play if I am not passing.
- \_\_\_\_ 2. I will demonstrate the character quality of attentiveness by listening to the instruction of my coaches.
- \_\_\_\_ 3. I will demonstrate the character quality of faithfulness by attending all practices and games.
- \_\_\_\_ 4. I will demonstrate the character quality of orderliness by following the dress code:
  - A clean-cut appearance is required for the season (i.e. no odd piercings, no tatoos (those who have them must keep them covered), no radical hair styles or colors, no facial hair).
  - I will wear the required uniform for all practices and games. The head coach will determine game and practice uniform.
  - I will not allow anyone else to wear any uniform piece including practice shirts of the current season.
- \_\_\_\_ 5. I will maintain a positive, teachable attitude at all times during practices, games, or any TCW event.
- \_\_\_\_ 6. I will demonstrate the character quality of self-control by:
  - not participating in profane language, fighting (a physical altercation outside what would be considered an acceptable emotional reaction to a game situation), tobacco use, or any other misuse of controlled and uncontrolled substances during all TCW events including, but not limited to, games and practices.
  - keeping my phone in my cheer bag upon arrival at practices and games and will not be used until the end of practice or game.
  - using wisdom on social media and will not post anything that could be deemed inappropriate with the standards and values set forth by TCW especially while in TCW attire and any TCW sponsored event.
- \_\_\_\_ 7. I will keep my focus on my team and avoid pairing off with persons of the opposite sex during all TCW events including, but not limited to, games and practices.
- \_\_\_\_ 8. I will demonstrate the character quality of discipline by following the rules that my coaches establish.
- \_\_\_\_ 9. I will approach my coach with any questions or concerns before/after practice or during breaks.
- \_\_\_\_ 10. I will promote sportsmanship through my words and actions; striving to never speak poorly of our fellow teammates or criticize the coaches.
- \_\_\_\_ 11. I understand that the coaches reserve the right to establish or abolish any team rules.
- \_\_\_\_ 12. I have received and read the TCW Handbook.
- \_\_\_\_ 13. I will follow the TCW rules and program guidelines as stated in the TCW Handbook.
- \_\_\_\_ 14. I understand that I can be asked to take a drug test, and failure to do so is an admission of guilt.
- \_\_\_\_ 15. I agree to adhere to the Disciplinary Plan as defined in this Code of Conduct, and failure to comply with the disciplinary plan as defined in the document and as prescribed by the head coach will be considered another infraction in the same category.

Athlete's signature \_\_\_\_\_ Date: \_\_\_\_\_

## DISCIPLINARY PLAN

Category Description	1 <sup>ST</sup> Infraction	2 <sup>nd</sup> Infraction	3 <sup>rd</sup> Infraction
<p>General infractions as listed above in the Code of Conduct including, but not limited to: profanity, fighting or tobacco use, At TCW Events</p> <p>Does not include actions such as being late to practice, missing practice/ game or not communicating with coaches on the above</p>	Organizational Head Coach prescribed discipline.	1 game suspension and Organizational Head Coach prescribed discipline.	Remaining season game suspension and Organizational Head Coach prescribed discipline.
<p>Participating in the illegal purchase, distribution or use of alcohol, or illegal drugs.</p> <p>Other illegal activities without a conviction including, but not limited to, vandalism, theft, trespassing</p>	2 game suspension and Organizational Head Coach prescribed discipline.	Remaining season game suspension and Organizational Head Coach prescribed discipline.	<p>Dismissal from the program.</p> <p>Returned participation the following year will be subject to TCW Board approval with a recommendation from the Athletic Director and Organizational Head Coach.</p>
<p>Participating in any illegal activity leading to a conviction.</p> <p>On arrest (while waiting court decision), TCW Board will review the status of the player and make a decision with a recommendation from the Athletic Director and Organizational Head Coach.</p>	<p>Immediate dismissal from the program.</p> <p>Returned participation the following year will be subject to TCW Board approval with a recommendation from the Athletic Director and Organizational Head Coach.</p>		

NOTES: Head Coach prescribed discipline could include, but not limited to, physical training, service projects, counseling, and additional game suspension.

Parent's signature \_\_\_\_\_

Date: \_\_\_\_\_

**CHEER TEAM DISCIPLINE**

ITEM	STANDARD	CONSEQUENCES
<b>Being on time to games:</b>	Games: On the field and checking in with your coach 1 hour prior to the game. Ex: Game @ 6, you will need to be at the field by 4:55 ready to go in proper uniform.	Sitting out for the length of time you are late  1 <sup>st</sup> violation = Verbal warning given  2x's late in a week game/practice = unexcused absence and sit out first qtr. of game.
<b>Being on time to practices</b>	Practices: must be on the field and ready 5 minutes before the starting time of practice.	Farm League -Running 2 laps  SCA – 5 min. conditioning  1 <sup>st</sup> violation = verbal warning given  2x's late in a week game/practice = unexcused absence and sit out 1 <sup>st</sup> qtr. of game.
<b>Dress code for practices:</b>	<ul style="list-style-type: none"> <li>➤ Sports Bra: White, black or grey</li> <li>➤ Socks: White no-show</li> <li>➤ Uniform: as specified by Head Coach</li> <li>➤ Shoes: Cheer</li> <li>➤ Hair: No un-natural hair coloring; Up in tight ponytail</li> <li>➤ Nails: Trimmed short. If wearing polish, neutral colors only.</li> <li>➤ Jewelry: None</li> <li>➤ Tatoos: Prefer none/ but must be covered with bandaid and NOT VISIBLE.</li> </ul>	Farm League - Running 2 laps  SCA – 5-minute conditioning  1 <sup>st</sup> violation = verbal warning  2 or more x's in a week practice/game will result in a write up and sit out 1 <sup>st</sup> qtr. of game.

<b>Dress code for games:</b>	<ul style="list-style-type: none"> <li>➤ White Sports Bra. No other bra may be worn with your sports bra</li> <li>➤ Socks: White no-show</li> <li>➤ Hair: No un-natural hair coloring; Completely pulled back with no wispy hair hanging down</li> <li>➤ Hair Bow</li> <li>➤ Uniform: as specified by Head Coach</li> <li>➤ Spandex: Blue</li> <li>➤ Shoes: Cheer</li> <li>➤ Nails: Trimmed short. If wearing polish, neutral colors only.</li> <li>➤ Makeup: Modest – nothing bright or distracting</li> <li>➤ Jewelry: None (including handmade)</li> <li>➤ Tattoos: Prefer none/ those already existing must be covered with bandaid and NOT VISIBLE.</li> </ul>	<p>If you do not have the right uniform, hair bow, spandex, shoes or hair pulled back then you will have to sit out until you are in the correct uniform. This includes the megaphone and poms.</p> <p>1<sup>st</sup> violation = verbal warning</p> <p>2 or more x's in a week practice/game will result in a write up.</p>
<b>Who to contact if you are going to be late for practice or games:</b>	<p>Varsity: Text both Cheer Coaches  Junior High: Text both Junior High Cheer Coaches</p>	
<b>Who to contact if you are going to be absent for practice or games:</b>	<p>Varsity: Text both Cheer Coaches  Junior High: Text both Junior High Cheer Coaches</p>	

**Mandatory Attendance:** These events are mandatory attendance events. Missing any of these will result in immediate dismissal from the team. Exceptions made only for extenuating circumstances beyond your control (ie: hospitalization, illness and/or death of immediate family member) and will require proper documentation.

1. Try-Outs
2. Cheer Camp
3. Games

**Absences:** We recognize that there may be times when an athlete must be absent from a practice. It is up to the athlete to notify the coaches of the upcoming absence and get prior approval. If approved, the athlete is still required to know all that was worked on at the missed practice and be ready at the next practice. We will not hold spots or places in routines, cheers or stunt groups for absent athletes. Unexcused absences will result in a write up. A total or a combination of 3 unexcused absences or write-ups will result in probation or dismissal from the team at the Boards discretion.

**Write-Ups:** These will be done by email. A combination of 3 write-ups or un-excused absences will result in probation at which time the Board will be notified, and a written agreement of probation terms will be signed by the Cheer Director, the athlete and the parents of the athlete. If the probation terms are not met the Board reserves the right to dismiss the athlete from the team with no refunds.

**Athlete's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## PARENT'S COMMITMENT

- \_\_\_ 1. I am currently home educating my child and understand that if they are not passing, they will not play. I agree to submit grades upon request.
- \_\_\_ 2. I will personally follow and encourage my child to follow the TCW rules and program guidelines as stated in the TCW Cheer Handbook.
- \_\_\_ 3. I have received and read the TCW Cheer Handbook.
- \_\_\_ 4. I will maintain proper behavior at all TCW games and functions.
- \_\_\_ 5. I understand that TCW provides much more than playing time and my commitment to the team does not guarantee my child any amount of game participation.
- \_\_\_ 6. I will promote sportsmanship through my words and actions; striving to never speak poorly of our cheerleaders, their parents or criticize the coaches.
- \_\_\_ 7. I understand and agree to abide by the following appeal process:
  - If I have a problem with a parent or player, I will talk with that player or the player's parent (outside of practices and games) to seek a resolution.
  - Using the Matthew 18 approach, any issue I have with a coach will be brought to the coaches attention first to seek resolution. . **No coach is to be approached prior to or during practice. The team meeting at the conclusion of practice is considered a part of the practice.** Parents should try and refrain from speaking for their cheerleader, especially on the varsity level.
  - All concerns/complaints regarding a TCW coach, TCW representative or protocol ,that have not been resolved at the first level, are to be brought to the attention of the Cheer Director
  - If there is still no resolution; the Cheer Director will bring the grievance before the TCW Board and the Board's decision will be FINAL.
- \_\_\_ 8. I understand that the TCW organization can require random drug test to be completed for players, with results provided within 48 hours to the Organizational Head Coach or TCW Board Member.
- \_\_\_ 9. I agree to adhere to the Disciplinary Plan as defined in this Code of Conduct.
- \_\_\_ 10. I understand that all fees are non-refundable.

I understand that if I fail to abide by this commitment statement that the TCW Board has the authority to ask my family to leave the program and that we would not be entitled to any refund.

Father's signature \_\_\_\_\_

Date: \_\_\_\_\_

Mother's signature \_\_\_\_\_

Date: \_\_\_\_\_

# VOLUNTEER POLICY

The Tomball Christian Warriors rely heavily on the participation of each family (Football & Cheer) to facilitate all activities.

Over 35 volunteer positions are needed for each Varsity HOME game. Over 20 volunteer positions are needed for each JV and Jr. High HOME game.

Each family is responsible to sign-up for game day duties. A separate Volunteer Registration will be sent to you once you have registered with TCW, and your player will not be allowed to participate in Team Events until your Volunteer Registration is complete.

Weekly Practice Water Duty (applicable to Football only) is also required for each TCW family, and participation does not exempt a family from volunteering for game day duties. This is a tough job that requires more than one strong family member. There will be training made available on how to perform practice water duty. You must be on time and fully prepared. We do offer a “Buyout” option so we can pay to have someone fulfill your Volunteer Duties.

Once Volunteer Registration is complete the Volunteer Coordinator will produce a schedule and email it to the team. Volunteers are required to sign in at the gate on game day with the Team Coordinator. Volunteers who are unable to fulfill their obligation at any game must contact the Volunteer Coordinator within 24 hours and are responsible for finding a replacement.

## VOLUNTEER OPT-OUT INFORMATION

Volunteer Opt – Out is an option for parents that cannot contribute to the TCW volunteer requirements. Please add the appropriate fee (\$500) in the registration section if you choose this option.

Water Duty Opt-Out (Applicable to Football only) is an option for parents that cannot work the one practice week (per player) required for each family during the season (Spring and Fall). This is a tough job and does require active movement for the entire practice. Please add the appropriate fee (\$200) in the registration fee section if you choose this option.